AO Hand and Wrist Fixation Courses for Surgeons

Registration Brochure
AO Hand Fixation Course for Surgeons 4 - 6 October 2009
AO Wrist Fixation Course for Surgeons 7 & 8 October 2009
Scarman Training & Conference Centre, University of Warwick

Organised and run by AOUK and Ireland in association with AO Foundation
Course objectives

At the conclusion of these courses, the participant should be able to:

• Understand and apply the basic principles of internal fixation of bone
• Become familiar with the principles and technical aspects of basic and advanced fixation techniques as used in the hand and wrist for fracture repair and reconstruction
• Realise complications, their prevention and management
• Supplement personal clinical experience with these principles and techniques for appropriate patient selection for internal fixation

Hand Sessions will cover:

• Fixation by interfragmentary compression utilising lag screws and tension band wire
• Selection and application of techniques and implants for fracture stabilisation
• Use of specialised plates including the condylar blade plates and T-plates
• Principles and application of external fixation in the hand
• Small joint arthrodesis
• Reconstruction of malunion and nonunion

Wrist Sessions will cover:

• Wrist anatomy and biomechanics
• Distal radius fractures: techniques of Kirschner wiring, external fixation and internal fixation using the AO locking distal radius plating system
• Distal radio-ulnar joint injuries and post traumatic problems
• Fixation of fractures of the distal ulna
• Scaphoid fracture fixation
• Treatment of acute ligament injuries
• Principles of total and partial wrist fusion and application of the AO wrist fusion plate
Course objectives

Hand & Wrist - Features:
• Pre-course CD on principles of fracture fixation
• Lectures and presentations by an international faculty of hand and wrist surgeons
• Hands-on laboratory practicals on “Synbone” models using the AO Compact Set
• Lectures and presentations by international faculty of hand surgeons
• Comprehensive coverage of basic and advanced techniques of skeletal fixation
• Small group discussions

Hand & Wrist - What’s new this year:
• ‘How I do it’ overseas expert lectures
• Expert forum debates
• Audience Response System (ARS) for participant feedback and evaluation

Participant Criteria
The courses are aimed at:
• Surgeons-in-training who desire to learn new techniques and as an advanced course for Consultant Surgeons with an interest in Hand or Wrist trauma
• General Trauma Surgeons, Plastic Surgeons and Orthopaedic Surgeons with an interest in fractures of the distal radius
The invited faculty for this course is composed of international and local surgeons distinguished in the field of operative fracture care.

**Course Chairman**
- Peter Chapman
  - Norfolk & Norwich University Hospital, Norwich
- Michael Craigien
  - University Hospital, Birmingham

**International Faculty**
- Amit Gupta
  - Louisville, Kentucky, USA
- Neils Thomsen
  - University Hospital in Malmö, Sweden
- Peter Jörgsholm
  - Mølholm Hospital, Denmark

**Local Faculty**
- Sudhi Ankarath
  - Huddersfield Royal Infirmary, Huddersfield
- Stephen Bostock
  - Northern General Hospital, Sheffield
- Peter Burge
  - Nuffield Orthopaedic Centre, Oxford
- Doug Campbell
  - St. James’ University Hospital, Leeds
- Indranil Chakrabarti
  - Rotherham General Hospital, Rotherham
- Rupert Eckersley
  - Chelsea & Westminster Hospital, London
- Robert Farnell
  - St. James’ University Hospital, Leeds
- Jeremy Field
  - Cheltenham General Hospital, Cheltenham
- Sue Fullilove
  - Derriford Hospital, Plymouth
- Henk Giele
  - John Radcliffe Hospital, Oxford
- Boyd Goldie
  - Whipps Cross University Hospital, London
- Carlos Heras-Palou
  - Derbyshire Royal Infirmary, Derby
- Jonathan Hobby
  - North Hampshire Hospital, Basingstoke
- Tracy Horton
  - Derbyshire Royal Infirmary, Derby
- Tommy Lindau
  - Derbyshire Royal Infirmary, Derby
- Ian McNab
  - Nuffield Orthopaedic Centre, Oxford
- Erman Melikyan
  - Southampton General Hospital, Southampton
- Valerie Nuñez
  - Frimley Park Hospital, Surrey
- Kate Owers
  - Chelsea & Westminster Hospital, London
- Vinay Takwale
  - Gloucestershire Royal Hospital, Gloucester
- David Warwick
  - Southampton General Hospital, Southampton
- Claire Wildin
  - Glenfield General Hospital, Leicester

*Subject to change*
Course information

Course Fee

<table>
<thead>
<tr>
<th>Course Type</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Hand Course (fee only)</td>
<td>£595.00</td>
</tr>
<tr>
<td>Wrist Course (fee only)</td>
<td>£550.00</td>
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<tr>
<td>Hand &amp; Wrist Course (fee only)</td>
<td>£1075.00</td>
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<tr>
<td>Course dinner only</td>
<td>£35.00</td>
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Course fee includes all course materials, lunches and light refreshments.

Course Venue & Accommodation
Scarman Training & Conference Centre
The University of Warwick
Coventry
CV4 7AL

Tel: 024 7652 3222

Accommodation is available at the course venue. Please indicate your requirements on the registration form.

Course Schedule

Hand Course
The course will commence at 4.00pm on Sunday 4 October and we will aim for a 5.30pm finish on Tuesday 6 October.

Wrist Course
The course will commence at 8.30am on Wednesday 7 October and we will aim for a 4.30pm finish on Thursday 8 October.

Accreditation
CPD accreditation will be applied for from the British Orthopaedic Association

Attendance
Please note, the course Chairmen reserve the right to withhold the certificate of attendance if a participant does not attend all the sessions of the course.
Course information

Insurance
As per our cancellation policy detailed below, the course organisers are not responsible and not insured against cancellation of course places.

Public Liability
The course organisers have public liability insurance, which covers them against claims for some types of accidents and certain other risks. However participants are responsible for taking out their own insurance for medical cover, accidents, loss of belongings and other risks during the course.

Cancellation Policy
Cancellation will be charged as follows:
One month prior to course 10% of course fee
One month – two weeks prior to course 50% of course fee
Two weeks prior to course 100% of course fee

Accommodation
Please note that it is the participant’s responsibility to organise their own accommodation.

Bedrooms are available at Scarman Training and Conference Centre at a bed & breakfast rate of £75 + VAT. If you would like to take advantage of this offer, please call Warwick Conferences on phone number 02476 52 3222 to make your booking. Please say that you are with the AOUK Hand/Wrist Group, and quote this booking reference number - 925682.

Please do not book your accommodation unless you have a confirmed place on the course.

Transportation
Participants are required to make their own way to the course venue. The course venue is Scarman Training and Conference Centre, located on the University of Warwick Campus just three miles from Coventry city centre and train station. Birmingham International Airport is a distance of twenty miles away.

Dietary Requirements
Please indicate on the registration form if you have any special dietary requirements.
Course information

Course Dinner
Hand Course
A course dinner has been arranged for the night of Monday 5 October. Please note that there will be an additional charge of £35 per person should you wish to attend. Please indicate your requirements on the registration form.

Wrist Course
A course dinner has been arranged for the night of Wednesday 7 October. Please note that there will be an additional charge of £35 per person should you wish to attend. Please indicate your requirements on the registration form.

Dress Code
Dress for the course is 'casual'. Please note, you will be using power driven tools and there may be dust from drilling the plastic bones.

Dress for the course dinners will be smart casual.
Mission statement of AO Education

Our aim is continuously to set standards in postgraduate medical education and to foster the sharing of medically-guided expertise in a worldwide network of healthcare professionals, in order to improve patient care in trauma, or disorders of the musculoskeletal system.

AO course objectives, in general, are:

- to broaden knowledge and comprehension of operative fracture treatment, according to the level of education, or speciality
- to assist in decision-making as to the optimal treatment method, following the AO Principles
- to learn about the latest developments in relevant research and clinical investigation
- to become acquainted with new techniques and technologies, as well as alternative approaches to fracture treatment
- to improve manual skills by practising on different bone models
- to understand the evolution of AO Philosophy and Education – what is new and what is still valid, as well as the rationale behind any changes

AOUK is a registered charity, and all courses are non-profit making. AO faculty work hard to develop and deliver AO course programmes which meet educational as opposed to commercial need. The Faculty receive no form of financial inducement for the immense time and effort that they so generously donate.